ii-V-I Workout

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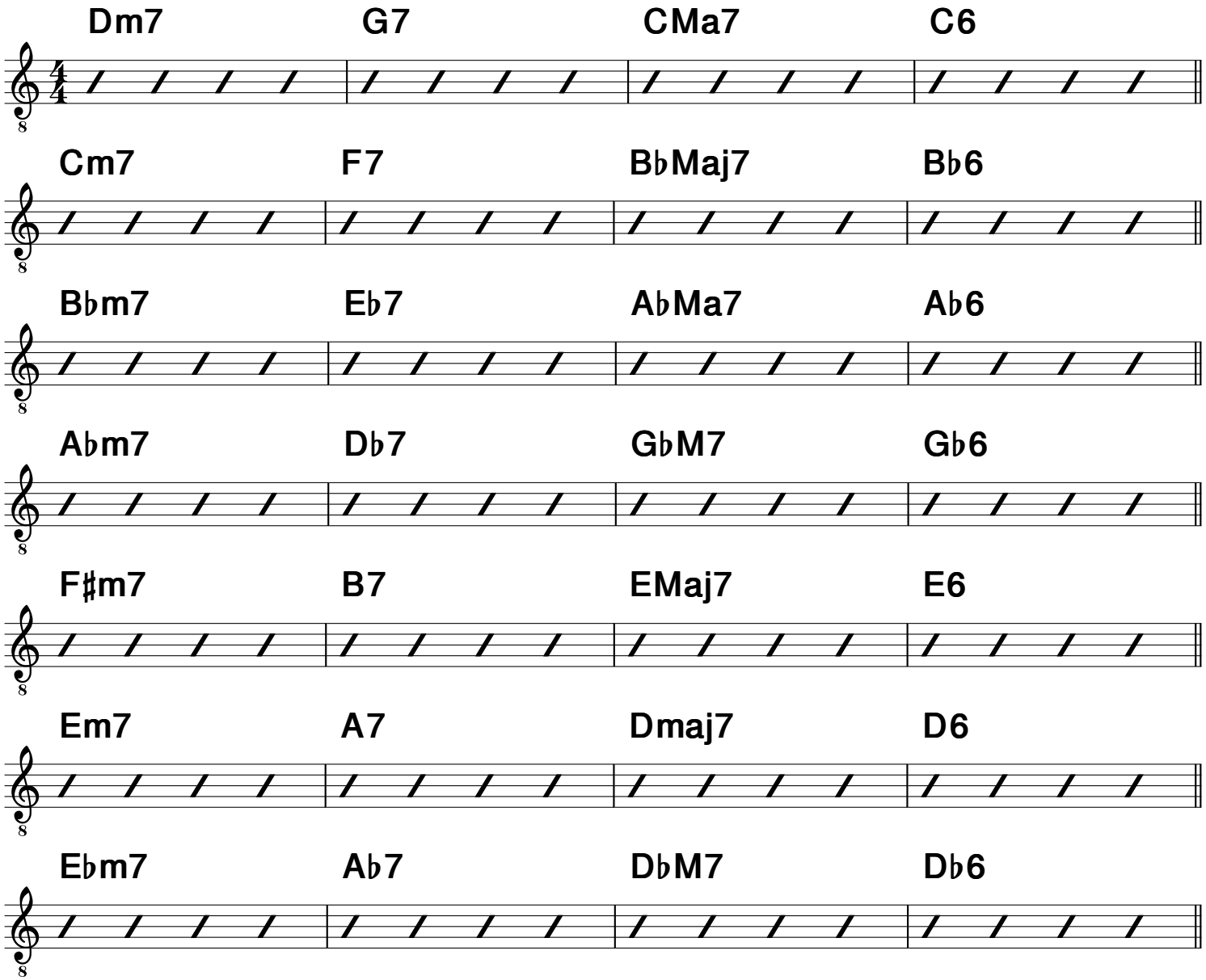
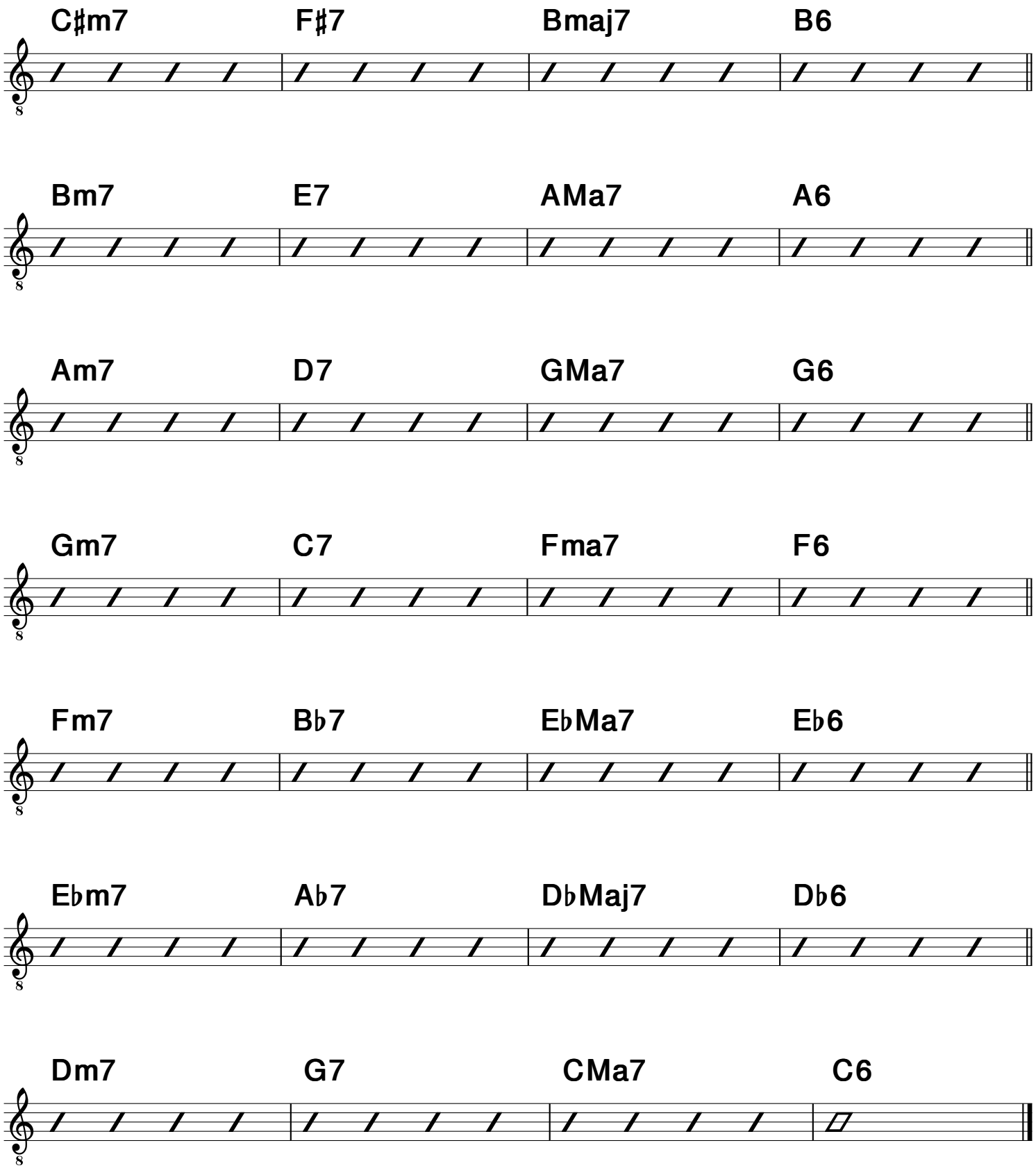
Two - Five - One through all Major Keys.
You can play each line twice or just charge right through.
Keep a steady tempo.
Go through with roots on different strings.
(See Crash Course in Rhythm Guitar if unfamiliar with concept.)

One Measure for Each Chord - Keys Descending by Whole Step





There are many more possibilities and sequences for practicing ii-V-I progressions. Let me know if you're interested. Thanks! CrashCourseInJazzGuitar.Com